2014 WPA REGIONAL CONGRESS LJUBLJANA | SLOVENIA
9–12 APRIL 2014

ADDRESSING MENTAL HEALTH NEEDS IN THE ALPS-ADRIA-DANUBE REGION: STIGMA, COMMUNITY BASED CARE, STRESS AND SUICIDALITY

FINAL PROGRAMME
PARTNERS

Organizers would like to cordially thank to the following partners for their contribution:

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**Partners**

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  - President of Slovenia

- *Zoran Janković*
  - Mayor of the City of Ljubljana

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WELCOME MESSAGES

Dear Colleagues and Friends,

I am delighted you joined me in attending this very important and relevant WPA Regional Congress to be held in Ljubljana, Slovenia, on April 9–12. The theme selected for this Congress could not be more appealing and appropriate for this very important region of the world; that is “Addressing Mental Health Needs in the Alps-Adria-Danube Region: Stigma, Community Based Care, Stress and Suicidality”. On this occasion, the World Psychiatric Association is fully committed to offer an outstanding scientific program. I am very proud for trying to assist and help a region of the world that deserves our full attention and efforts.

Cordially,

Pedro Ruiz, M.D.
President, World Psychiatric Association (2011–2014)

Dear Colleagues and Friends,

I am more than happy to invite you to the 2014 World Psychiatric Association Regional Congress to be held in Ljubljana, Slovenia, on April 9–12. The first WPA Congress in Slovenia will address an important issue on mental health needs in the Adria – Danube Region. In the region where different cultures coexist for centuries an excellent opportunity to share the knowledge on mental health with the colleagues will be provided. Special attention will be paid to topics such as Stigma, Community Based Care, Stress and Suicidality but other topics will also be included in the programme.

Welcome to Ljubljana one of the most idyllic places in Europe.

Cordially,

Prof Peter Pregelj
President, Psychiatric Association of Slovenia

CONGRESS VENUE

Cankarjev dom (CD) Cultural and Congress Centre is located in the centre of Ljubljana, at a walking distance from several hotels and the attractive Old Town. With 22 multi-purpose halls and function rooms and a maximum capacity of 2,000 delegates in the plenary hall, it is the largest purpose-built congress centre in Slovenia in terms of auditorium-style seating and among our most established venues on the international conference market.

CD features a well-conceived design aligned with contemporary functional and aesthetic criteria as well as extraordinary acoustic properties of its halls. The venue, which has a total surface area of 36,000 m² and is able to welcome up to 5,000 visitors simultaneously, also provides extensive space for commercial or art exhibitions.

In keeping with the green policy, CD has adopted energy-saving measures and integrated new, environmentally-friendly technologies and materials. Additional contribution to the quality of life in the city is the installation of beehives on the roof of the congress centre.

Address:
Cankarjev dom, Cultural and Congress Center
Prešernova cesta 10, SI - 1000 Ljubljana
Tel.: + 386 (0)1 2417 122, e-mail: info@cd-cc.si

How to reach the Cankarjev Dom

By bus
From the main bus or railway station bus No. 9 will take you to our immediate vicinity - the Drama stop, where busses No. 1, 3, 6 and 19 also stop. Not far away there is also bus stop Kongresni trg, where busses No. 2, 10, 11, 13, 17, 20, 21 stop. Bus No 14 will also bring you near Cankarjev dom – to Prešeren street.

Parking
You can park at a single rate after 19:00 in the garage, which is open half an hour after each CD evening event. Later you have to collect the car by entering the garage through the junction of Šubiceva and Valvazorjeva street. Your car can remain in the garage until 06:00 next day. After that time the single rate of parking no longer applies. When visiting CD, you can also park your vehicle at Trg republike (Republic Square).

CONGRESS SECRETARIAT

GUARANT International
Na Pankráci 17, 140 21 Prague 4, Czech Republic
Tel.: +420 284 001 444, e-mail: wpaljubljana2014@guarant.cz
Web: www.guarant.cz
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WPA President (2011–2014)

Congress Vice President
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President of the Psychiatric Association of Slovenia

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## Programme at a Glance

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<td>Slovenian Educational Track</td>
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<td><strong>09:45–10:00</strong></td>
<td>Workshop &amp; Oral Communications</td>
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<td>Blanka Kores Plesničar</td>
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SCIENTIFIC PROGRAMME
Version as of March 31

WEDNESDAY, APRIL 9

WORKSHOP
W-1: DIFFERENT LEVELS OF STIGMATIZATION IN PSYCHIATRY
Kosovel Hall, 14:30–16:00
Chairpersons: Miloševič, V. (Slovenia), Mačkič, S. (Serbia)

ORAL COMMUNICATIONS
Nasr, P. (Canada): Fear from society to survive
Cerovecki, V. (Croatia): Education of family physicians for treatment of patients with mental disorders in Croatia

REGULAR SYMPOSIUM
RS-01: HOT TOPICS IN ADDICTION TREATMENT
Room E3, 14:30–16:00
Chairperson: Kastelic, A. (Slovenia)
Kastelic, A. (Slovenia): Medication-assisted treatment and use of clinical guidelines for treating drug users in Slovenia
Bregar, B. (Slovenia): Building relationship with patient in addiction field
Delić, M. (Slovenia): Factors associated with the outcome of opioid drug addiction treatment in Slovenia – preliminary results
Šegrec, N. (Slovenia): Suicide attempts among patients treated in opioid substitution treatment (OST) programs

ORAL COMMUNICATIONS
Koprivšek, J. (Slovenia): Problem of misuse of synthetic cannabinoids in patients with psychotic disorder

SECTION SYMPOSIUM
SS-1: CHALLENGES IN ADDICTION REHABILITATION IN EGYPT AFTER THE REVOLUTION
Room E3, 16:15–18:00
Chairpersons: Čebašek-Travnik, Z. (Slovenia), Dernovšek, M. Z. (Slovenia)
Lecoutre, C. (France): The feminine and the maternal in institution care for adolescents and young adults
Čebašek-Travnik, Z. (Slovenia): Integrative psychiatry as a part of integrative medicine
Kociper, J. (Slovenia): Psychotherapist Socrates method of dialogue
Prathanee, B. (Thailand): Treatment satisfaction in children with cleft lip/palate in Lao People’s Democratic Republic
Dernovšek, M. Z. (Slovenia): Non-motor aggression and cyclothymic affective temperament are closely intertwined in patients with affective mood disorders
Markowitsch, H. (Germany): Chronic dissociative amnesia with postpartum onset

PLENARY LECTURE
Pregelj, P. (Slovenia): Neurobiology of suicidal behaviour
Kosovel Hall, 19:00–19:45

PLENARY SPEAKERS
Aleš Kogoj (Slovenia)
Saturday, April 12, 11:45–12:30, Kosovel Hall
Do we need geriatric psychiatry?

Blanka Kores Plesničar (Slovenia)
Thursday, April 10, 17:00–17:45, Kosovel Hall
Psychiatry – at present and in the future

Michael Musalek (Austria)
Friday, April 11, 17:00–17:45, Kosovel Hall
Human Based Psychiatry: Theory and Practice

Peter Pregelj (Slovenia)
Wednesday, April 9, 19:00–19:45, Kosovel Hall
Neurobiology of suicidal behaviour

Jiří Raboch (Czech Republic)
Friday, April 11, 11:45–12:30, Kosovel Hall
Mental Health and Physicians

Bojan Zalar (Slovenia)
Thursday, April 10, 12:15–13:00, Kosovel Hall
Suicide and suicidality in Slovenia
THURSDAY, APRIL 10

SECTION WORKSHOP  Kosovel Hall, 08:00–09:30
SW-1: DIAGNOSIS AND TREATMENT OF COMBAT RELATED STRESS DISORDERS (SECTION I)
Chairpersons: Kozarić-Kovačić, D. (Croatia), Rozanov, V. A. (Ukraine)
Mužinić, L. (Croatia): Cognitive – Behavioral treatment of Combat Veterans with PTSD
Jambrošić Sakoman, J. (Croatia): Psychophysiology in stress related disorders: our experience
Marinić, I. (Croatia): Contract in therapy of patients with stress related disorders

ORAL COMMUNICATIONS  Room E3, 08:00–09:30
Chairperson: Radovanovič, M. (Slovenia)
Radovanovič, M. (Slovenia): Medical doctor with alcohol dependence – The impact of stigma on seeking and getting the professional help
Bundalo Bočić, M. (Slovenia): Are we talking about stigma? – The outpatient treatment of alcohol dependence
Manchevska, S. (Macedonia): The prevalence of high anxiety and substance use in University students in the Republic of Macedonia
Plemenitaš, A. (Slovenia): Genetic influences and alcohol dependence in Slovenian population

SLOVENIAN EDUCATIONAL TRACK  Room E1+E2, 08:00–09:30
Sponzor izobraževalnega programa za specializante in družinske zdravnike.
Chairpersons: Tavčar, R. (Slovenia), Perne, D. (Slovenia)
Kogoj, A. (Slovenia): Pristop k bolniku z demenco
Pregelj, P. (Slovenia): Delirij pri starostniku
Pišljar, M. (Slovenia): Depresija v starosti
Kores Plesničar, B. (Slovenia): Racionalna psihofarmakoterapija in interakcije z drugimi zdravili

SECTION WORKSHOP  Kosovel Hall, 10:00–12:00
SW-2: DIAGNOSIS AND TREATMENT OF COMBAT RELATED STRESS DISORDERS (SECTION II)
Chairpersons: Kozarić-Kovačić, D. (Croatia), Rozanov, V. A. (Ukraine)
Rozanov, V. A. (Ukraine): Modern theories of suicide – relevance for understanding suicides in the military
Kastelan, A. (Croatia): Emotional and behavioral patterns in children of veterans with chronic posttraumatic stress disorder
Letica Crepulja, M. (Croatia): Factors associated with referral to psychiatric treatment in war-survivors in Croatia
Peraica, T. (Croatia): Group therapy in the treatment of traumatized persons

ORAL COMMUNICATIONS  Room E3, 10:00–12:00
Chairperson: Videtič Paska, A. (Slovenia)
Polazarevska, M. (Macedonia): Ten-year epidemiological study on suicide attempts in Skopje, Republic of Macedonia
Vasquez, F. (Peru): Following survivors of suicide people in a three year period
Videtič Paska, A. (Slovenia): Reelin Gene Polymorphisms and Completed Suicide
Ropret, S. (Slovenia): Association of polymorphisms in neurotrophin system genes with suicidal behavior in Slovenian population

SLOVENIAN EDUCATIONAL TRACK  Room E1+E2, 10:00–12:00
Sponzor izobraževalnega programa za specializante in družinske zdravnike.
Chairpersons: Tavčar, R. (Slovenia), Perne, D. (Slovenia)
Kogoj, A. (Slovenia): Pristop k bolniku z demenco
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Pišljar, M. (Slovenia): Depresija v starosti
Kores Plesničar, B. (Slovenia): Racionalna psihofarmakoterapija in interakcije z drugimi zdravili

PLENARY LECTURE  Kosovel Hall, 12:15–13:00
Chairperson: Tomori, M. (Slovenia)
Zalar, B. (Slovenia): Suicide and suicidality in Slovenia

SATELLITE SYMPOSIUM AstraZeneca  Kosovel Hall, 13:45–14:15
AstraZeneca
MEDIKAMENTOZNO ZDRAVLJENJE DEPRESIJ, VLOGA ATIPIČNIH ANTIPSIHOTIKOV: PRO ET CONTRA
Bon, J. (Slovenia)
Koprivšek, J. (Slovenia)
Please note: This symposium will be held in Slovene (no translation will be provided).
REGULAR SYMPOSIUM  Kosovel Hall, 14:30–16:30
RS-02: STIGMA AND DISCRIMINATION
Chairpersons: Sartorius, N. (Switzerland), Švab, V. (Slovenia)
Sartorius, N. (Switzerland): The postulates of work against the stigma of mental illness: are they still valid?
Lasátila, A. (Italy): Global pattern and cross-cultural variations in reported discrimination among people with major depression. Findings from the ASPEN/INDIGO study.
Russo, J. (Germany) & Švab, V. (Slovenia): MDAC-ASPEN WP 7 Recommendations to Government
Van Bortel, T. (UK): Mental health discrimination in the workplace and legal and social barriers to employment of people with major depression: Findings from the European ASPEN study.

RS-03: SELF-DISORDERS IN SCHIZOPHRENIAS AND THEIR THERAPEUTIC IMPLICATIONS
Chairpersons: Škodlar, B. (Slovenia), Henriksen, M. G. (Denmark)
Nordgaard, J. (Denmark) & Parnas, J. (Denmark): Self-disorders in schizophrenia: Correlations and psychoeducation
Henriksen, M. G. (Denmark): What is poor insight into illness in schizophrenia?
Bon, J. (Slovenia): Self-disorders and visual working memory deficits in patients with schizophrenia
Škodlar, B. (Slovenia): Self-disorders in schizophrenia and psychotherapy

SLOVENIAN EDUCATIONAL TRACK  Room E1+E2, 14:30–16:30
Sponzor izobraževalnega programa za specializante in družinske zdravnike.
Chairpersons: Kogoj, A. (Slovenia), Žmitek, A. (Slovenia)
Novak, V. (Slovenia): Obravnavanje agitiranega bolnika
Novak Šarotar, B. (Slovenia): Delzmožnost v krizni situaciji

PLENARY LECTURE  Kosovel Hall, 17:00–17:45
Chairperson: Koprivšek, J. (Slovenia)
Kores Plesničar, B. (Slovenia): Psychiatry – at present and in the future

REGULAR SYMPOSIUM  Kosovel Hall, 18:00–19:30
RS-04: DEPRESSION, ANXIETY AND PAIN: A CLINICAL TRIAD
Chairperson: Novak Grubič, V. (Slovenia)
Grubič, Z. (Slovenia): Neurobiology of depression and pain
Rijavec, N. (Slovenia): Depression and pain
Tavčar, R. (Slovenia): Anxiety and pain

ORAL COMMUNICATIONS  Room E3, 18:00–19:30
Chairpersons: Sibitz, I. (Austria), Šendula Jengić, V. (Croatia)
Appelqvist-Schmidlechner, K. (Finland): Mental health rehabilitation for young people studying in vocational schools – outcomes of OPI group rehabilitation programme
Appelqvist-Schmidlechner, K. (Finland): Carnival of depression – Self stigma among students with psychiatric disorder
Kékes Szabó, M. (Hungary): The relationship between the family member’s mental representations and behaviour patterns in psychosomatic families
Sibitz, I. (Austria): Factors influencing discrimination experiences among people with mental disorder
Šendula Jengić, V. (Croatia): The ethics of predicting the unpredictable
FRIDAY, APRIL 11

REGULAR SYMPOSIUM
Kosovel Hall, 08:00–09:30
RS-05: ANTI-STIGMA MOVEMENT IN THE REGION AND THE WORLD
Chairperson: Akiyama, T. (Japan)
Švab, V. (Slovenia)
Tomšič, V. (Slovenia)
Akiyama, T. (Japan)
Sartorius, N. (Switzerland)

WPA EDUCATIONAL PROGRAMME
Room E3, 08:00–09:30
Ruiz, P. (USA): Disparities, Stigma, Discrimination and Mental Health Disability
Bhugra, D. (UK): Medical student recruitment to psychiatry

RS-06: OBRAVNAVA KRIZNIH STANJ KOT PRILOŽNOST ZA SPREMEMBE
Chairpersons: Novak Šarotar, B. (Slovenia), Zajc, P. (Slovenia)
Novak Šarotar, B. (Slovenia): Hospitalna obravnava oseb v krizi - umik simptomov ali še kaj več?
Borštnar, J. (Slovenia): Vpliv obravnave posameznika na družino
Zajc, P. (Slovenia): Soočanje z diagnozo resne telesne bolezn
Ucman, S. (Slovenia): Odvisnost kot krizno stanje

WPA PRESIDENTIAL SYMPOSIUM
Kosovel Hall, 10:00–11:30
FOCUSING ON PATIENT ABUSE: AN INTERNATIONAL PERSPECTIVE
Ruiz, P. (USA)
Mclintire, J. (USA)
Bhugra, D. (UK)
Belfort, E. (Venezuela)

SECTION SYMPOSIUM
Room E3, 10:00–11:30
SS-2: REHABILITATION AND RECOVERY – EVOLVING NEEDS AND METHODS
Chairpersons: Wahlberg, H. (Sweden), Javed, A. (Pakistan)
Bajraktarov, S. (Macedonia): Alternative solutions for psychosocial rehabilitation of people with mental illnesses
Kastrup, M. (Denmark): Psychosocial rehabilitation of traumatized migrants and refugees
Wahlberg, H. (Sweden): Rehabilitation and Empowerment, challenges for psychiatry
Richter, K. (Germany): Post-acute treatment and psychiatric rehabilitation of asylum seeker in Bavaria, Germany
Rocca, G. (Italy): The network of Italian psychiatric services and the rehabilitative activities in the light of recovery: some crucial questions
Mucic, D. (Denmark): E-mental health in treatment of ethnic minorities

ORAL COMMUNICATIONS – SLOVENIAN SCIENTIFIC TRACK
Room E1+E2, 10:00–11:30
Chairpersons: Serne, K. (Slovenia), Mrešev, G. (Slovenia)
Serne, K. (Slovenia): Motnje hranjenja pri moških pacientih, zdravljenih na Enoti za motnje hranjenja Psihiatrične klinike Ljubljana, Slovenija
Novak Vac, N. (Slovenia): Principi in tehnike spreminjanja telesne samopodobe pri osebah z motnjami hranjenja
Oravecz, R. (Slovenia): Samomor s sovražnim namenom

PLENARY LECTURE
Kosovel Hall, 11:45–12:30
Chairperson: Ruiz, P. (USA)
Raboč, J. (Czech Republic): Mental Health and Physicians

SATELLITE SYMPOSIUM Eli Lilly
Kosovel Hall, 13:30–14:15
Chairperson: Kores Plesničar, B. (Slovenia)
Bitter, I. (Hungary): Diagnosing the ADHD: The Tools and the Challenges
Bushe, C. (UK): ADHD in adults – Atomoxetine clinical data presentation

REGULAR SYMPOSIUM
Kosovel Hall, 14:30–16:30
RS-07: COMMUNITY PSYCHIATRY AND COMMUNITY CARE – WHAT ARE THE PRIORITIES
Chairpersons: Tavčar, R. (Slovenia), Raboč, J. (Czech Republic)
Mezzina, R. (Italy): An open door / no restraint system of care: the challenge of a comprehensive community-based service
Švab, V. (Slovenia): Education for community care in Slovenia: European Public Health Education or Training in Skills and Legislation
Janet, E. (Slovenia): Public health aspect on mental health in Carinthia
Tomšič, V. (Slovenia): Community mental health teams-first experience in Slovenia
Bulč Vidinjevič, J. (Slovenia): Eight years of Assertive Community Treatment in University Psychiatric Hospital Ljubljana – outcomes and dilemmas
Raboč, J. (Czech Republic): Mapping of the situation of the mental health care in Czech Republic

WPA EDUCATIONAL PROGRAMME
Room E3, 14:30–16:30
WPA EDUCATIONAL FORUM: DETECTING NEEDS AND OPPORTUNITIES IN THE REGION
Chairpersons: Ruiz, P (USA), Belfort, E. (Venezuela)
Okasha, T. (Egypt): WPA Educational Program on Depression for Primary Care Physicians
Küey, L. (Turkey): Right to psychiatric treatment and right to autonomy: de facto and de jure barriers
Riba, M. (USA): PTSD in the medical setting
Javed, A. (Pakistan): Diagnostic and Treatment aspects of Adult ADHD
Akiyama, T. (Japan): Re-work (return-to-work) program developed in Japan
ORAL COMMUNICATIONS – SLOVENIAN SCIENTIFIC TRACK

Chairperson: Čelan Stropnik, S. (Slovenia)

Čelan Stropnik, S. (Slovenia): Primer dobre prakse – obravnava bolnice s težko ponavljajoče se duševno motnjo v skupnosti

Brus Hladen, T. (Slovenia): Povezava med obsesivno kompulzivnimi motnjami in psychotičnimi motnjami

Petek, J. (Slovenia): Delovna terapija na področju duševnegazdravja preprosto je lahko učinkovito

Kariž, B. (Slovenia): Likovna terapija pri obravnavi psihiatričnega bolnika

PLENARY LECTURE

Kosovel Hall, 17:00–17:45

Chairperson: Ruiz, P. (USA)

Musalek, M. (Austria): Human Based Psychiatry: Theory and Practice

SECTION SYMPOSIUM

Kosovel Hall, 18:00–19:30

SS-3: PSYCHOSOCIAL REHABILITATION AND RECOVERY: CURRENT TRENDS

Chairpersons: Javed, A. (Pakistan), Švab, V. (Slovenia)

Soghoyan, A. F. (Armenia): Recent development of Mental Health in Armenia

Rataemane, S. (South Africa): Psycho-social rehabilitation and recovery: South African perspective

Hänninen, E. (Finland): Community-Based Rehabilitation (CBR) and the Clubhouse Model as Means to Mental Health Policy

Haider, I. (Pakistan) & Javed, A. (Pakistan): Psycho education programme for the Caregivers: Experience from Pakistan

Kovač, N. (Slovenia): Community based social services and Slovenia, co-operation among sectors – challenges and obstacles

Discussant: Wahlberg, H. (Sweden)

REGULAR SYMPOSIUM

Room E3, 18:00–19:30

RS-08: JASPERS AND DELUSIONS: AN ECHO OF THE 100TH BIRTHDAY OF JASPERS’ GENERAL PSYCHOPATHOLOGY

Chairpersons: Škodlar, B. (Slovenia), Schlimme, J. E. (Germany)

Potočan, M. (Slovenia): Jaspers on delusion and delusion formation

Thoma, S. (Germany): The limits of phenomenological description of delusion – examination of a Jaspersian critique

Schlimme, J. E. (Germany): The phenomenology of receding delusions. Arguments for a bottom-up genesis of delusions

Škodlar, B. (Slovenia): Delusion and self-disorders in schizophrenia

WORKSHOP

Room E1+E2, 18:00–19:30

W-2: PSYCHOTHERAPY OF SUICIDALITY

Hyrman, V. (Canada)
ZDJREVALNI ODMEKER

Pri odraslih znaša prevalenca ADHD 2–5 %, kar jo

Pri odraslih in mladostnikih pri otrocih

PRI UČINKOVITI KONTROLI SIMPTOM ADHD, MOTNJA NE BO OVRALIH ŽIVLJENJA

ZDRAVLJU STRATTERA® JE INDIKACIIO ZA ZDRAVLJNE MOTNJE POMANJKLJE POZORNOSTI S Hiperaktivnostjo (ADHD)

Strattera je prvi in edini nestimulant, ki je odobren za to indikacijo.

Strattera je izboljša osnovne simptome ADHD, omogoča kontinuirano kontrolo čez dan, kakor tudi v daljšem časovnem obdobju v primerjavi s placebo.

Strattera omogoča enostavno odmerjanje enkrat na dan.

Strattera bolniki na splošno dobro prenaroči in ga lahko uporabljamo tudi pri bolnikih s sočasnimi

Strattera je edina možnost zdravljenja, ki je nelogo zlorabljiv.
SATURDAY, APRIL 12

REGULAR SYMPOSIUM
Kosovel Hall, 08:00–09:30
RS-09: PREVENTING STIGMA AND THE HUMAN SELF: THE DOCTOR-PATIENT RELATIONSHIP AND THE CONSULTATION AND ITS ROLE IN REDUCING STIGMA
Chairperson: Zaman, R. (UK)
Hankir, A. (UK): The Wounded Healer
Cao, E. (UK): Passion and Compassion in the Medical Humanities
Agius, M. (UK): The Human Self and the Medical Consultation; Combating Stigma in the Doctor Patient Relationship
Elisei, S. (Italy): Young Persons with severe disabilities and the New Humanism

REGULAR SYMPOSIUM
Room E3, 08:00–09:30
RS-10: GERIATRIC PSYCHIATRY
Chairpersons: Kogoj, A. (Slovenia), Žmuc Veranič, L. (Slovenia)
Prokšelj, T. (Slovenia): The role of serotonin in patients with Alzheimer’s disease and aggressive behavior
Kogoj, A. (Slovenia): Screening tests for depression in old age
Žmuc Veranič, L. (Slovenia): Mental disorders and falls in old age
Virag, S. (Slovenia): Palliative care in dementia
Praprotnik, K. (Slovenia): Effect of acute sleep deprivation on cognitive functions

REGULAR SYMPOSIUM
Kosovel Hall, 10:00–11:30
RS-11: COMMUNITY MENTAL HEALTH AND STIGMA IN DEVELOPED AND NEW SERVICES
Chairperson: Pregelj, P. (Slovenia)
Bulić Vidnjević, I. (Slovenia): Learning and developing community mental health services – the ethical aspects of experiences from University mental hospital Ljubljana
Zaman, R. (UK): Community Mental Health services and Stigma in UK mental health services
Verdolini, N. (Italy): Comparing Mental Health Services in Italy and UK
Agius, M. (UK): Why use the least restrictive option in Community Mental Health Services

ORAL COMMUNICATIONS
Room E3, 10:00–11:30
Chairpersons: Kravos, M. (Slovenia), Pišlar, M. (Slovenia)
Kravos, M. (Slovenia): Aktivnost glutamat dehidrogenaze v likvorju
Pišlar, M. (Slovenia): Impaired information processing and executive dysfunction in late onset depression
Piotrovskaya, V. (Russian Federation): Mild cognitive disorder is pre-disease risk factor of dementia in middleage subjects with metabolic syndrome
Maric, N. P. (Serbia): Is phosphorylation of glucocortid receptor potential marker of vulnerability to depression?
ART EXHIBITION

Throughout the duration of the Congress there will be displayed paintings of different Slovenian authors, marked by experience and challenges of dealing with their own mental health problems. The exhibition is organised jointly by Occupational therapy departments of all Slovenian psychiatric hospitals.

WPA INFORMATION

The World Psychiatric Association (WPA)
The WPA is an association of national psychiatric societies, presently 137, spanning 118 different countries and representing more than 200,000 psychiatrists.

The WPA organizes the World Congress of Psychiatry, International and Regional Congresses, and Thematic Conferences. With its 68 scientific sections, it promotes collaborative work in specific domains of psychiatry. It has developed ethical guidelines for psychiatric practice, including the Madrid Declaration.

Its website is currently visited from almost all countries across the world and the WPA News is widely disseminated. Various educational programmes and series of books had been produced including an E-Learning long distance programme. World Psychiatry, the WPA official journal, could be freely downloaded from PubMed Central and the WPA website (www.wpanet.org).

What are its Aims?  
The core missions of the WPA include the following:

- To encourage the highest possible standards of clinical practice
- To increase knowledge and skills about mental disorders and how they can be prevented and treated
- To promote mental health
- To promote the highest possible ethical standards in psychiatric work
- To disseminate knowledge about evidence-based therapy and values based practice
- To be a voice for the dignity and human rights of the patients and their families, and to uphold the rights of psychiatrists
- To facilitate communication and assistance especially to societies who are isolated or whose members work in impoverished circumstances

PLENARY LECTURE

Kosovel Hall, 11:45–12:30
Chairperson: Žmitek, A. (Slovenia)
Kogoj, A. (Slovenia): Do we need geriatric psychiatry?

WORKSHOP

Kosovel Hall, 13:15–14:45
W-3: THE ISTANBUL PROTOCOL – A COMPREHENSIVE UN/WMA/WPA STANDARD IN THE DOCUMENTATION OF TORTURE
Chairpersons: Wenzel, T. (Austria), den Otter, J. (Denmark)
Discussant: Diaconu, G. (Canada)

ART EXHIBITION

W-4: VASCULAR BRAIN INJURY AND GERIATRIC DEPRESSION AND THE NEW DIAGNOSIS DILEMMA
Chairpersons: Leszek, J. (Poland)
Leszek, J. (Poland): Vascular brain injury and geriatric depression
Tătaru, N. (Romania): The new diagnosis dilemma: vascular depression vs. vascular dementia

ORAL COMMUNICATIONS

Han, B. (China): Study on serum BDNF levels on intestinal endotoxemia in Chinese sample of Alzheimer’s disease patients and healthy controls
Han, B. (China): Effects of intestinal endotoxemia on learning memory ability and hippocampal gene expression of APP and PS1 in rats with Alzheimer’s disease

SECTION WORKSHOP

Kosovel Hall, 15:00–16:30
SW-3: FORENSIC PSYCHIATRY IN EUROPE – RECENT DEVELOPMENTS
Chairperson: Konrad, N. (Germany)
Konrad, N. (Germany): Prison psychiatry in Germany – recent developments
Tătaru, N. (Romania): Forensic psychiatry in Romania and some other Balkan countries

ORAL COMMUNICATIONS

Milev, R. (Canada): Overcoming stigma in mental health: Psychoeducational and behaviour modicication course
Pustoslemšek, M. (Slovenia): Relation between desinstitutionalisation in mental health services and increased number of forensic patients

REGULAR SYMPOSIUM

Room E3, 15:00–16:30
RS-12: NEUROPHYSIOLOGICAL CORRELATES AND THERAPEUTIC POTENTIALS OF MEDITATIVE PRACTICES
Chairpersons: Bon, J. (Slovenia), Škodlar, B. (Slovenia)
Bon, J. (Slovenia): The impact of long-term meditation on attentional engagement
Ravnik Glavač, M. (Slovenia): Meditation induces transcriptional changes in epigenetic modulators
Jeran, J. (Slovenia): Breathing control in meditation: is there a shared mechanism of influence on brain oscillatory activity?
Škodlar, B. (Slovenia): What can meditative practices offer in treatment of psychiatric disorders?
LIST OF POSTERS

P-01
Employing empowerment indicators in Finnish mental health services
Solin, P., Tamminen, N., Appelqvist-Schmidlechner, K.

P-02
Mental health promotion handbook – promoting mental health of older people
Solin, P., Tamminen, N., Appelqvist-Schmidlechner, K.

P-03
The power of peer support – Experiences on mental health rehabilitation alongside work among employees with psychiatric disorder
Appelqvist-Schmidlechner, K., Salmelainen, U., Luoma, M.-L., Henriksson, A.

P-04
A course of the illness and clinical characteristics of mixed states in bipolar mania

P-05
Is it useful to use the Korean version of the mood disorder questionnaire for assessing bipolar spectrum disorder among Korean college students?
Bahk, W.M., Kim, M.D., Lee, J.G., Seo, J.S., Woo, Y.S., Kwon, Y.J., Kim, W., Min, K.J., Jon, D.I., Yoon, B.H.

P-06
Mixed-state bipolar I and II depression: Time to remission and clinical characteristics

P-07
The differences in the clinical characteristics and treatment pattern between major depressive disorder patients with and without psychiatric comorbidity

P-08
The changes in prescription pattern of aripiprazole among psychiatric inpatients

P-09
The prevalence of bipolar spectrum disorder in the Korean college students according to the K-MDQ

P-10
Acute psychiatric manifestations of somatic disease – case reports
Celofi ga, A., Topolovec, J.

P-11
The prevalence of comorbid depressive symptoms and alcohol dependence considering Lesch subtypes
Celofi ga, A., Sinko, S.

P-12
Psychosis in Huntington’s disease – case report
Čeranić Ninić, K., Čelofi ga, A., Stojanović, M.

P-13
Psychometric evaluation of the Slovenian translation of the Circumstances, Motivation and Readiness Scale
Delic, M., Kajdiz. K., Pregelj, P.

P-14
Traumatic brain injury and sexual dysfunction
Dranitsyna, B.G.

P-15
Seasonality: date of birth in schizophrenia versus bipolar disorder
Fabregat Navarro, V., Frigola de Vehi, I., Bel Villar, M.T., Ortega Martinez, M.V., Marti Castella, C., Alsina Obiols, R., Corominas Diaz, A.

P-16
Psychiatric complications of deep brain stimulation
Jejcic, K., Sraka, K.

P-17
Preliminary algorithm for assessment and treatment of obsessive compulsive disorder
Jelenko-Roth, P., Dernovšek, M.Z.

P-18
Fifteen-month follow up of an ACT program for chronic patients with mental illness
Kim, T.W., Jeong, J.H., Jon D.I., Lee S.Y., Kwon YJ.
P-19
The possibility of resilience as a protective factor for suicidality in depressed patients

P-20
The parents’ mourning about their child who has never been born. Children with pervasive developmental disorders (PDDs) in the family.
Kékes Szabó, M.

P-21
The phenomenon of triangulation and other characteristics in psychosomatic families
Kékes Szabó, M.

P-22
Lithium Intoxication within normal therapeutic blood level: A case report
Kim, M.-D., Kwon, Y.-J.

P-23
Treatment of Neuroleptic Malignant Syndrome in Child and Adolescent: A case report
Kim, M.-D., Kwon, Y.-J.

P-24
Initial psychiatric symptomatology in a patient with motor neurone disease
Koprivnik, P

P-25
Effect of cognitive-behavioral group therapy on depression, anxiety and anger in patients with coronary heart diseases: randomized controlled study
Lee, S.Y., Lee, H.J.

P-26
Impaired probabilistic classification learning with feedback in major depression – preliminary data
Mörkl, S., Holl, A.K., Kapfhammer, H.P.

P-27
Sex differences in suicide rates and suicide methods among adolescents in South Korea, Japan, Finland, and the US
Park, S.

P-28
Loneliness of marginalized groups
Rokach, A.

P-30
Treating Post Traumatic Relationship Syndrome (PTRS)
Rokach, A.

P-31
Diferencialno diagnostične dileme in celostna obravnava osebe v kriznem stanju na Enoti za krizne intervencije
Kokalj, A., Rus Prelog, P., Novak Šarotar, B.

P-32
Korean addiction treatment guidelines series (II): pharmacological treatment of alcohol withdrawal
Seo, J.S., Lee, S.Y., Yoon, B.H., Kim, H.Y.

P-33
Qualities of good psychiatrists: Korean survey
Kim, J.H., Lee, K.H., Kwon, Y.J., Seo, J.S.

P-34
Dynamics of PTSD among war veterans: A follow-up study
Sukiasyan, S., Tadervosyan, M.

P-35
Izražanje duševnih motenj pri okuženih s HIV
Rus Prelog, P., Kokalj, A., Novak Šarotar, B.
TECHNICAL INSTRUCTIONS FOR PRESENTATIONS

Technical organizer offers a high-performance network between all different presentation rooms.

The technical organizer will give you an additional instructions concerning your session and the presentation of your paper in the Preview Room. Congress staff will make sure that your presentation will be downloaded on the computer in your specific session room. Please make sure that your computer presentation is fully operational before your lecture. Only Power Point presentations, CD-ROM, USB Memory cards will be accepted. Version MS PowerPoint 2010 is recommended. We suggest that your presentation will be installed and tested in the Preview Room at least 2 hours before your talk. There will be a technical support in every room to assist you in case of any technical difficulties.

We do not recommend using of personal laptops for presentations except in rare circumstances (for example, when the presentation has been created with Corel, Apple Keynote or movie creating software). In case you bring your laptop to the Congress, we copy the files to the central Congress network and so the laptop will be no longer needed.

At the end of the Congress, all presentations will be deleted so no copyright issues will arise.

The Preview Room Opening Hours

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
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<tbody>
<tr>
<td>Wednesday, April 9</td>
<td>11:30–19:00</td>
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<td>Thursday, April 10</td>
<td>07:30–20:00</td>
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<td>Friday, April 11</td>
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<td>Saturday, April 12</td>
<td>07:30–17:00</td>
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POSTERS

Posters will be organized in the Poster Area located in Foyer II (Drugo preddverje) according to numbers (see the list of posters at p. 26–29).

Posters should be set up in the Poster Area from 11:30 on April 9 and must be removed by 17:30 on April 12 at the latest. Those posters which will remain in the Poster Area after its closing will not be kept.

There will be no organized or moderated discussions over posters. The presenting author should be available near the poster during the lunch time to discuss his/her poster with interested colleagues.

Declaration on Disclosure
Poster presenters are requested to disclose potential conflicts of interest regarding their current poster presentation at the bottom of their poster.

ABSTRACTS PDF BROCHURE

The abstracts can be downloaded from www.wpaljubljana2014.org/abstracts

REGISTRATION

On-site Registration Fee

<table>
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<tr>
<th>Category</th>
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<td>Delegates Category A countries</td>
<td>450 EUR</td>
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<td>Delegates Category D countries</td>
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<tr>
<td>Students*, Trainees*, Residents*</td>
<td>250 EUR</td>
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Registration fees include 22% VAT.
*Students must attach a copy of their student ID, Residents and Trainees a signed certificate from their department head or supervisor. Age limit to 40 years.

What is covered by the fee?

- Attending all Congress Scientific Sessions
- Participation in Opening Ceremony, Welcome Cocktail and Closing Ceremony
- Admission to the Exhibition Area
- Congress bag, Congress documents, Abstracts, Final Programme and other Congress materials
- Coffee breaks

Opening Hours

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STAR ALLIANCE

The Star Alliance member airlines are pleased to be appointed as the Official Airline Network for World Psychiatric Association Regional Congress 2014 in Ljubljana.
GENERAL INFORMATION

Weather in April
Due to the changes in climate – Mediterranean at the coast, Alpine in the Alps and the Karavanke mountains, and Pannonian to the northeast of the country – the appropriate clothes for each season is recommended. The mean average temperature in the spring is around 10°C.

You can check the actual weather condition in Slovenia on the website: www.weather.com

Important Telephone Numbers

112 Emergency services
urgent medical help, firefighters, veterinary help, rescue teams

113 Police
emergencies

080 12 00 Police
reporting offenders, anonymous phone line

1987 AMZS
roadside assistance and towing

080 1900 Tourist telephone
free line for tourists and tourism workers to report 24 hours a day their comments, complaints, criticism and suggestions

1188
Information on telephone subscribers in Slovenia

1180
Information on international telephone subscribers

198 10
Alarm call service

090 93 9881
General information (pay number)

International code for Slovenia +386
International dialling code 00

Health Care
In Slovenia there is no danger of contracting any dangerous diseases, so no special vaccination requirements are made for travelling here. Vaccination against tetanus is recommended, but not essential.

Insurance
The organizers can accept no liability for personal injuries or for loss or damage to property belonging to the Congress participants, either during or as a result of the event. Participants are advised to take out proper travel and health insurance before departing from their home country.

Electricity
Mains electricity in Slovenia is a 230 Volts 50 Hz system. Slovenia uses the Europlug (CEE 7/16). This is the plug used in most other European countries. Visitors from the following European countries will have to use the appropriate adapter:

- Italy
- United Kingdom
- Ireland
- Cyprus
- Malta
- Switzerland
- Liechtenstein
- Denmark

Visitors from outside Europe will also need the appropriate adapters to use their electrical appliances in Slovenia.

Time Zone
Slovenia is on Central European Time – Greenwich Mean Time (GMT) plus 1 hour. From April to October is summer time, i.e. GMT + 2 hours.

Currency and Exchange Rates
The official currency of Slovenia is the Euro = EUR, which is subdivided into 100 cents. International credit cards are accepted for payment in most hotels, restaurants and shops. The most popular card Maestro can be used almost everywhere, even for small amounts. Exchange offices and ATM machines are easily available throughout the city and at the airport. In case you need to exchange money, the best is doing this at a bank. Foreign exchange booths sometimes charge high fees, so please check, before you change your money.

Shopping
Most shops in Ljubljana are open from 9:00 to 17:00, Monday till Friday. Saturdays and Sundays have shorter opening hours. Slovenia is extremely well provided with cash dispensers. Many of them offer other types of services in addition to cash withdrawals.

Tipping
Service is usually included in the bill in bars and restaurants but tips are welcome. If you consider the service good enough to warrant a tip, we suggest about ten percent (but it is a very personal thing).
EXHIBITION AND CONGRESS VENUE PLAN

List of Exhibitors
1 – LUNDBECK
2 – GSK
3 – KRKA
4 – SERVIER
5 – ALKALOID
6 – JANSSEN
7 – TEVA
8 – LILLY
9a – ASTRAZENECA
9b – WPA MADRID
9b, 9c – FUTURE MEETINGS TABLES

Exhibition Hours

Thursday, April 10
10:00–17:00

Friday, April 11
10:00–17:00

Saturday, April 12
10:00–15:00
CITY CENTER MAP
Valdoxan®
agomelatin
Prvi agonist receptorjev MT₁/MT₂ in antagonist receptorjev 5-HT₁C

Zdravljenje velikih depresivnih epizod pri odraslih

3 bolnikov od 4 v remissiji¹
8 bolnikov od 10 brez relapsa²

12. teeden
24. teeden

Izboljšanje počutja, dnevne dejavnosti in kakovosti spanja³

3 bolnikov od 4 odgovorjeno na zdravljenje¹

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1. tableta enkrat na dan pred spanjem

LIUBLJANA | SLOVENIA | 9–12 APRIL 2014